

## **PATIENT PAIN MANAGEMENT**

It is our goal to manage our patient's pain in the healthiest manner. Dominion Orthopaedic Clinic, LLC's policy regarding pain medicine is as follows:

- Nonsurgical patients will be given narcotics for 2 to 3 weeks after the onset of the acute phase of their injury or illness. Then non-narcotic measures will be implemented for pain control.
- Patients will be given strong pain medication when scheduling their surgery. This prescription will be for their use of immediately following their surgery. This allows patients the convenience of having their pain medication filled, and readily available to them when returning home after surgery. It will be the patient's responsibility not to lose or use this prescription before surgery. No exceptions will be made if this prescription is lost or used, for writing any additional prescriptions.
- If pain continues, a lesser strength pain medication will be prescribed. These types of pain medications will be given for 2 to 6 weeks depending on the severity of the surgery.
- Following these 6 weeks, no other narcotic pain medication will be given. Measures used to decrease pain will include: Physical therapy, icing, rest, NSAIDs, and muscle relaxants.
- If pain persists following the above, patients will be referred to pain management specialist.
- If we determine our patient is obtaining narcotics elsewhere, the patient will not receive any future pain prescriptions.
- No narcotics will be called in by this practice. **NARCOTIC PRESCRIPTIONS MUST BE OBTAINED AT THE TIME YOU ARE SEEING DR. FOSTER, DR. SUTLIVE OR DR FORSYTHE.**

DOMINION ORTHOPAEDIC CLINIC, LLC believes the above policy is only in the best interest of all our patients. Each patient's request will be evaluated individually and professionally. It is our wish that patients do not become addicted to narcotic pain medication.

I acknowledge the above policy and understand it in full.

Patient Signature\* \_\_\_\_\_

Date\* \_\_\_\_\_